



# BGS SWIMMING 5, 6 & 7 SWIM CLINIC

16-18 JANUARY, 2017

BGS INDOOR POOL

\$150

The annual Year 5, 6 & 7 GPS swimming clinic will be conducted on 16, 17 & 18 January 2017.

*Saturday 14 January                      7:45am – Finish                      Optional Swim Meet at TSS*

Monday 16 January                      6:30am – 8:30am                      Pool Session Only  
 Tuesday 17 January                      6:30am – 8:30am                      Dry Land Session & Pool Session  
 Wednesday 18 January                      6:30am – 8:30am                      Pool Session Only

The clinic is open to all boys who are in Year 5, 6 & 7 at BGS in 2017. The intensive swimming week is an excellent opportunity for boys who are interested in trying out for the Swimming Team and kick starting their preparations. It also gives any new boys coming into the BGS community, a chance to familiarize themselves with the school and some of the staff and students.

The sessions will involve stroke technique work in the pool, dry land training and race practice. Breakfast will be provided for all the swimmers at 8.00am each morning, excluding Saturday.

[Lots of volunteers are needed; therefore, we ask parents who are available to please indicate your availability via the survey link - https://goo.gl/Pnst5D](https://goo.gl/Pnst5D)

If there are any questions, please contact Mr. Matt Logan – (07) 3834 5337.

DATE	16-18 January 2017
TIME	6:30am – 8:30am
VENUE	BGS Indoor Pool
Drop Off/Pick Up	Gregory Terrace Entry
COST	\$150

**WHAT DO YOU GET?**  
 Cap, T-Shirt, Swim/Gym Sessions and  
 Breakfast Daily

**WHAT DO YOU NEED TO BRING?**  
 Togs, Towel, Goggles, Water Bottle and P.E  
 Uniform (including Joggers)

**COMPLETE REGISTRATION AT LINK**

**<https://goo.gl/Pnst5D>**

**PAYMENT INFORMATION**

Account Number	837757259
Account Name	BGS Swim Club
BSB	014-002
Reference	SURNAME+567SWIM