



BGS SWIMMING 5, 6 & 7 SWIM CLINIC

21-23 JANUARY, 2019

BGS INDOOR POOL

\$150

The annual Year 5, 6 & 7 GPS swimming clinic will be conducted on 21, 22, 23 January 2019.

Monday 21 January	6:30am – 8:30am	Pool Session Only
Tuesday 22 January	6:30am – 8:30am	Dry Land Session & Pool Session
Wednesday 23 January	6:30am – 8:30am	Pool Session Only

The clinic is open to all boys who are in Year 5, 6 & 7 at BGS in 2019.

The intensive swimming week is an excellent opportunity for boys who are interested in trying out for the Swimming Team and kick starting their preparations. It also gives any new boys coming into the BGS community, a chance to familiarize themselves with the school and some of the staff and students.

The sessions will involve stroke technique work in the pool, dry land training and race practice. Breakfast will be provided for all the swimmers at 8.00am each morning.

If there are any questions, please contact Mr. Matt Logan – (07) 3834 5337.



DATE	21-23 January 2019
TIME	6:30am – 8:30am
VENUE	BGS Indoor Pool
Drop Off/Pick Up	Gregory Terrace Entry
COST	\$150

WHAT DO YOU GET?

Cap, T-Shirt, Swim/Gym Sessions and Breakfast Daily

WHAT DO YOU NEED TO BRING?

Togs, Towel, Goggles, Water Bottle and P.E Uniform (including Joggers)

COMPLETE REGISTRATION
SURVEY HERE

PAY ONLINE NOW CLICK HERE

or Enter Address Below

<https://goo.gl/Zfb7ob>